

General Instructions for using Pathfinders

Both print and electronic material has been organized for your benefit.

When you see the word **KLAS**, you are being directed to books on your subject areas. A website is provided for each resource, directing you to the Learning Resource Center's online computer catalog. Simply use the given keyword terms in your search, or perform a title or author search. Find the correct call number and visit the LRC to check out the book.

NC LIVE means that you are being directed to the NC LIVE website in order to perform a search for a specific article or e-book. Follow the instructions leading you to the given database precisely! Use additional instructions to obtain the correct article. **NOTE: A password is required to access NCLIVE from your home computer.**

WWW means you may directly access the listed article on the world wide web by clicking on the website address.

You may e-mail the librarian at ccctilrc@cccti.edu if you have further questions. Good luck on your research project!

PATHFINDER: Follow The River

I. NEW RIVER-KANAWHA RIVER VALLEY

| Where to Search | What to Search for | How to Search | Notes |
|------------------------|---|--|--|
| KLAS | Far Appalachia: Following the New River North | http://www.klas.com/cccti Author Search | By Noah Adams |
| NC LIVE | A Country Between: The Upper Ohio Valley and Its Peoples, 1724-1774 | E-Books, Net Library http://www.nclive.org | Search term=New River Valley |
| NC LIVE | Border Life: Experience and Memory in the Revolutionary Ohio Valley | E-Books, Net Library, Search by title http://www.nclive.org | Don't forget that you may print out just the chapter you need when accessing an e-book |
| NC LIVE | West Virginia's Kanawha Valley Called Lax on Pollution Peril | Home Search using term "New River Kanawha River Valley" http://www.nclive.org | Jump to Proquest articles by browsing "Hits," New York Times article |

| | | | |
|-----|---|---|---|
| WWW | Geology of the New River Gorge | http://www.wvgs.wvnet.edu/www/geology/geoles01.htm | Found with a SearchEdu.com query |
| WWW | Kanawha County History | http://www.polsci.wvu.edu/wv/Kanawha/kanhistory.html | A County sponsored site (Kanawha) |
| WWW | Fries, Virginia: Where the New River Trail Begins | http://www.friesva.com/ | Town sponsored |
| WWW | National Committee for the New River | http://www.ncnr.org/ | Non-profit |
| WWW | Friends of the New River | http://civic.bev.net/fonr/ | Non-profit |
| WWW | Little Beaver State Park | http://www.littlebeaverstatepark.com/ | State of West-Virginia |
| WWW | West Virginia Rivers Coalition | http://wvrivers.org/ | Non-Profit |
| WWW | West Virginia Metro Valley | http://www.westvirginia.com/metro/articles.cfm | Tourism |
| WWW | New River Gorge: Geology Field Notes | http://www.nature.nps.gov/geology/parks/neri/ | National Park Service – Governmental site |
| WWW | New River Watershed | http://www.dcr.virginia.gov/-waterways/the_problem/watersheds_and_you/p_new_river_watershed.shtml | State of Virginia |

II. EDIBLES IN WILD

| Where to Search | What to Search for | How to Search | Notes |
|-----------------|--|---|--|
| KLAS | Stay Alive: A Guide to Survival in Mountainous Areas | Subject Search = Wilderness Survival http://www.klas.com/cccti | 80 minute videocassette |
| KLAS | The Wordsworth Guide to Edible Plants and Animals | Subject Search = Edible plants http://www.klas.com/cccti | Reference material |
| KLAS | Edible and Useful Wild Plants of Eastern North America | Title Search http://www.klas.com/cccti | |
| KLAS | The Basic Essentials of Edible Wild Plants and Useful Herbs | Author Search http://www.klas.com/cccti | By Jim Meuninck |
| NC LIVE | Wilderness Survival: Staying Alive Until Help Arrives, by Suzanne Sweedo | E-Books, Net Library, Full Text Search = wilderness eating http://www.nclive.org | |
| NC LIVE | Looking for Healing Plants and Herbs, by Beth Velliquette | Newspaper Source database, search term = edible plants http://www.nclive.org | 8/29/07 – Herald-Sun |
| WWW | You Know, Parts of a Tree Are Edible | http://www.uark.edu/ua/arwia/arwomeninag/presentationwebsite/T.%20Walkingstick%20handout.pdf | University of Arkansas Extension Service |
| WWW | Spruce | http://www.hort.purdue.edu/newcrop/duke_energy/Picea_spp.htm I#Uses | From: Handbook of Energy Crops |
| WWW | Edible Wild Plants and Herbs, by Alan M. Gvancara | http://www.hort.purdue.edu/newcrop/duke_energy/Picea_spp.htm I#Uses | Google e-book, Type exact title into search bar and look for book results at top or bottom of page |
| WWW | Facts on Edible Wild Greens in Maine | http://www.umext.maine.edu/onlinepubs/htmpubs/4060.htm | University of Maine Extension Service |
| WWW | Edible and Medicinal Plants | http://www.wilderness-survival.net/Appb.php | Wilderness Survival, as seen on Discovery Channel |
| WWW | Edible and Medicinal Uses | http://www.nps.gov/archive/hocu/html/plants.html | National Park Service |

| | | | |
|-----|--------------------------------------|---|---|
| | of Native Plants Found at Mound City | | |
| WWW | Native Plants As Food | http://www.mountain.org/images/usbgpanels/3a2.pdf | Notice sidebars |
| WWW | Wild Edible Plants | http://www.dnr.state.oh.us/Portals/18/publications/pdf/wild%20edible%20plants.pdf | State of Ohio |
| WWW | Edible and Poisonous Mushrooms | http://mdc.mo.gov/nathis/mushrooms/mushroom/ | Missouri Department of Conservation |
| WWW | Edible Products | http://www.sfp.forprod.vt.edu/prodarea/edible.htm | Co-op in association with US Forest Service |

III. CORN

| Where to Search | What to Search for | How to Search | Notes |
|-----------------|--|---|---|
| KLAS | More mountain spirits - the continuing chronicle of moonshine life and corn whiskey, wines, ciders & beers in America's Appalachians - | Keyword Search = Corn http://www.klas.com/cccti | |
| NC LIVE | Grain dealers caution against over-planting corn in 2007. | Business Search Premier, using term "planting corn" http://www.nclive.org | 04/04/07 article in Southeast Farm Press |
| NC LIVE | Sweet Ears | Academic Search Premier, using "planting corn" http://www.nclive.org | Found in Organic Gardening, 04-1989 |
| NC LIVE | A WARMING WORLD; Drunk on ethanol; The U.S. is fueling a potential disaster by cobbling together an energy policy based on corn. | Proquest Newspapers, search using title or "planting corn" or "ethanol" http://www.nclive.org | Los Angeles Times, 8/20/07 |
| NC LIVE | Fire Up the Corn | Search Master File Premier for title http://www.nclive.org | Found in Sports Afield, 07/98 |
| NC LIVE | Biotech Foods | Search CQ Researcher for "corn" http://www.nclive.org | CQ Researcher is also housed as a print resource in the LRC |
| WWW | Corn Production | http://www.agronext.iastate.edu/corn/ | Iowa State University Extension Service |
| WWW | Corn Plastic to the Rescue | http://www.smithsonianmag.com/science-nature/plastic.html | Smithsonian |
| WWW | Scientists Find Ways to Increase Corn's Vitamin A | http://www.reuters.com/article/scienceNews/idUSN1724764420080117 | Reuters News Service |
| WWW | Corn History | http://www.cyberspaceag.com/-kansascrops/corn/cornhistory.htm | Kansas Agriculture |
| WWW | As American As Apple Pie | http://aggie-horticulture.tamu.edu/plantanswers/publications/vegetabletravelers/corn.html | Texas A & M |
| WWW | Top 20 Corn Recipes | http://allrecipes.com/Recipes/Fruits-and-Vegetables/Vegetables- | All Recipes |

| | | | |
|-----|---------------------------------|---|------------------------------------|
| | | A-M/Corn/Top.aspx | |
| WWW | Cornucopia | http://www.austin360.com/food_drink/content/food_drink/dining_at_home/stories/2006/11/15thanksgiving.html | American Statesman – Austin, Texas |
| WWW | Native American History of Corn | http://www.nativetech.org/cornhusk/cornhusk.html | Native Tech |
| WWW | Corn and the Powatan | http://www.powhatan.org/corn.html | Powatan Tribe |
| WWW | Corn and Historical Recipes | http://www.recipezaar.com/recipes/corn,historical-traditional?categ=433,159&ls=d | Recipezaar |

IV. OHIO RIVER

| Where to Search | What to Search for | How to Search | Notes |
|-----------------|---|---|-------------------------------------|
| KLAS | Ohio River | Author Search http://www.klas.com/cccti | By Tim McNeese |
| KLAS | Measuring America: How An Untamed Wilderness Shaped the US and Fulfilled the Promise of Democracy | Title Search http://www.klas.com/cccti | By Andro Linklater |
| NC LIVE | A Country between: The Upper Ohio Valley and Its Peoples, 1724-1774 | E-books, Net Library, Search by Author http://www.nclive.org | Author: McConnell, Michael N. |
| WWW | The First American West: The Ohio River Valley 1750-1820 | http://memory.loc.gov/ammem/award99/icuhtml/fawhome.html | American Experience |
| WWW | Ohio Scenic River Byway | http://www.ohioriverscenicbyway.com/ | |
| WWW | Ohio River Islands National Wildlife Refuge | http://www.fws.gov/northeast/ohioriverislands/history.html | Governmental site |
| WWW | Ohio River History | http://www.ohiohistorycentral.org/entry.php?rec=784 | Ohio History Central |
| WWW | Ohio River Information | http://www.lrp.usace.army.mil/nav/ohioback.htm | Army Corp of Engineers |
| WWW | America's Junction | http://www.riverbarge.com/excursions/junctionindex.asp | River Barge Excursions |
| WWW | Ohio River: Gateway to the West | http://www.pghbridges.org/tours/tour_ohriv/tourframe_ohriv.htm | PGH Bridges |
| WWW | Fort Duquesne | http://www.ohiohistorycentral.org/entry.php?rec=705 | Ohio History Central |
| WWW | Industrialization and Air Pollution | http://www.ohvec.org/old_site/air02.htm | Ohio Valley Environmental Coalition |
| WWW | Nerve Center of the Commonwealth Plays Big Role in Nation's Economy | http://www.courier-journal.com/foryourinfo/123002/123002.html | Courier-Journal |
| WWW | Ohio Company | http://www.ohiohistorycentral.org/entry.php?rec=944 | Ohio History Central |
| WWW | The Evolution of Ohio | http://www.oplin.lib.oh.us/evolution/his/hisohco.html | Ohio Public Library |

| | | | |
|-----|------------------------|---|---------------------|
| | | | Information Network |
| WWW | Land Between the Lakes | http://www.lbl.org/Home.html | |
| WWW | City of Cincinnati | http://news.cincinnati.com/apps/pbcs.dll/section?Category=CINCI | Official site |
| WWW | City of Louisville | http://www.louisville.com/ | Official site |

V. FRENCH-INDIAN WAR

| Where to Search | What to Search for | How to Search | Notes |
|-----------------|---|---|-------------------------------------|
| KLAS | The War That Made History: A Short History of the French-Indian War | Title Search http://www.klas.com/cccti | By Fred Anderson |
| KLAS | The French and Indian War | Author Search http://www.klas.com/cccti | By Alfred Cave |
| NC LIVE | James Smith: Indian Captive, Indian Fighter, Revolutionary Patriot | Advanced Search for “French-Indian” war, select Academic Search Premier selections and scroll to article http://www.nclive.org | Military History 03/07 |
| NC LIVE | The Last of the Mohicans | E-Books, Net Library, Title Search http://www.nclive.org | Audio or e-book available |
| NC LIVE | Baptism of Fire | Advanced Search using “George Washington and French-Indian War,” select Academic Search Premier articles http://www.nclive.org | American History, 02/04 |
| WWW | History of the French and Indian War | http://web.syr.edu/~laroux/history/hismenu.html | Syracuse |
| WWW | Map of the French-Indian War | http://www.history.com/maps.do?-type=view&catId=1&letter=F&mapId=1418 | History Channel |
| WWW | The War That Made America | http://www.pbs.org/thewarthatmadeamerica/timeline.html | PBS |
| WWW | The War That Made America | http://www.thewarthatmadeamerica.org/default.aspx?id=21 | Organization devoted to the program |
| WWW | Prelude to War | http://www.nps.gov/fone/prelude.htm | National Park Service |

VI. SALT LICKS

| Where to Search | What to Search for | How to Search | Notes |
|-----------------|---|---|--|
| KLAS | Salt: A World History | Author Search http://www.klas.com/cccti | By Mark Kurlansky |
| NC LIVE | Natural Wonders of Kentucky: Exploring Wild and Scenic Places | Use Net Library e-books, search by title or author http://www.nclive.org | By Ardi Lawrence |
| NC LIVE | Salt Lick at Wind Cave | Master File Premier, use term “salt licks,” scroll to article title http://www.nclive.org | Found in South Dakota Magazine, Nov/Dec, 2005 |
| NC LIVE | Of Moose and Mud | Master File Premier, use term “salt licks,” scroll to article title http://www.nclive.org | Found in Public Roads, Sept/Oct, 2005 |
| NC LIVE | An Ideal Spot for SALT | Master File Premier, use term “salt licks,” scroll to article title http://www.nclive.org | Dig, May/June, 2002 |
| WWW | The Scioto Saline: Ohio’s Early Salt Industry | http://www.dnr.state.oh.us/Portals/10/pdf/GeoFacts/geof07.pdf | Ohio Department of Natural Resources |
| WWW | Big Bone Lick | http://www.ansp.org/museum/jefferson/otherPages/bigBoneLick.php | Academy of Natural Sciences |
| WWW | Big Bone Lick State Park | http://www.nps.gov/history/nr/travel/lewisandclark/bbo.htm | National Park Service |
| WWW | A Book of the US: Exhibiting Its Geography | http://books.google.com/ | Google Books - Search for title and flip to page 87 |
| WWW | The Natural History of Common Salt | http://books.google.com/ | Google Books – Search for title and flip to page 167 |

VII. CANOEING

| Where to Search | What to Search for | How to Search | Notes |
|-----------------|---|---|---|
| KLAS | Paddle Your Own Canoe | Author Search http://www.klas.com/cccti | By Gary McGuffin |
| KLAS | Learn How to Canoe in One Day | Author Search http://www.klas.com/cccti | By Robert Birkby |
| KLAS | Malo's Complete Guide to Canoeing | Title Search http://www.klas.com/cccti | |
| NC LIVE | The Complete Idiot's Guide to Boating and Sailing | Use Net Library e-book database, search by title http://www.nclive.org | Advance to the Chapter on Canoeing by accessing the Index |
| WWW | Dugout Canoes | http://www.civilisations.ca/aborig/watercraft/wad01eng.html | Canadian Museum of Civilization |
| WWW | Bark Canoes | http://www.civilisations.ca/aborig/watercraft/wab01eng.html | Canadian Museum of Civilization |
| WWW | International Canoe Federation | http://www.canoeicf.com/ | |
| WWW | Canoe Guide | http://www.canoeing.com/canoes/choosing/design.htm | |
| WWW | Wooden Canoe Heritage Association | http://www.wcha.org/ | Organization devoted to the program |
| WWW | Canoeing/Kayaking Olympic History | http://www.washingtonpost.com/wp-srv/sports/olympics/longterm/cankayak/canhist.htm | Washington Post |

VIII. TRADING ON THE FRONTIER

| Where to Search | What to Search for | How to Search | Notes |
|-----------------|---|--|---|
| KLAS | Mountain Men | Author Search http://www.klas.com/cccti | By Charles Convis |
| KLAS | Daily Life on the 19 th Century American Frontier | Author Search http://www.klas.com/cccti | By Mary Ellen Jones |
| NC LIVE | The First American Frontier: Transition to Capitalism in Southern Appalachia 1700-1860 | Use Net Library e-book database, search by author http://www.nclive.org | By Wilma Dunaway |
| NC LIVE | Capitalism on the Frontier: Billings and Yellowstone Valley in the 19 th Century | Use Net Library e-book database, search by title http://www.nclive.org | Advance to appropriate chapters by accessing the Index |
| NC LIVE | Daily Life on the 19 th Century American Frontier | Access History databases, Choose Daily Life Through History, scroll to “Daily Life on the 19 th Century American Frontier” http://www.nclive.org | Search for trade at the appropriate tab |
| NC LIVE | Economic Advantages of the Frontier | Access Annals of American History under History databases http://www.nclive.org | Search by title – An article from 1856 |
| NC LIVE | The West, Episode 2 | Visit NC LIVE’s Media Collection, search by subject for American History, Find “The West” http://www.nclive.org | By Ken Burns An American Experience video is also available – The Way West – Episode 1 |
| WWW | The Significance of the Frontier in American History | http://xroads.virginia.edu/~Hyper/TURNER/chapter1.html | University of Virginia |
| WWW | A Brief History of the Fur Trade | http://www.whiteoak.org/learning/timeline.htm | |
| WWW | The Impact of the Transcontinental Railroad | http://www.pbs.org/wgbh/amex/tcrr/peoplevents/e_impact.html | American Experience |
| WWW | Mountain Men and the Fur Trade | http://www.xmission.com/~drudy/amm.html | |

IX. PSYCHOLOGY OF HUNGER

| Where to Search | What to Search for | How to Search | Notes |
|-----------------|--|---|--|
| KLAS | The Custom of the Sea | Title Search http://www.klas.com/cccti | By Neil Hanson |
| NC LIVE | Cannibalism in Stalin's Russia and Mao's China | Find Full Text Publications – East European Quarterly http://www.nclive.org | Summer, 2007 |
| NC LIVE | Man Corn: Cannibalism and Violence in the Prehistoric American Southwest | Use Net Library e-book database, search by title http://www.nclive.org | Advance to appropriate chapters by accessing the Index |
| NC LIVE | Hunger and Poverty in Children is Linked to Depression and Low Achievement | Choose Academic Search Premier, use the search term behavior and hunger, limit to full-text http://www.nclive.org | Found in Human Ecology, December, 2002 |
| WWW | Hunger: It's Impact on Children's Health and Mental Health | http://pediatrics.aappublications.org/cgi/content/abstract/110/4/e41 | American Academy of Pediatrics |
| WWW | Diary of a CO | http://www.pbs.org/itvs/thegoodwar/diary.html | PBS |
| WWW | A Duty to Starve | http://americanradioworks.publicradio.org/features/wwii/a2.html | American Radioworks |
| WWW | A Brief History of Cannibal Controversies | http://www.vanderbilt.edu/-exploration/news/news_cannibalism_pt2.htm | Vanderbilt University |
| WWW | Giving Cannibalism A Human Face | http://www.vanderbilt.edu/-exploration/news/news_cannibalism_nsv.htm | Vanderbilt University |
| WWW | Old Fiji Cannibal Days | http://query.nytimes.com/gst/-abstract.html?res=950DE5DF143AE533A25751C1A9619C94609ED7CF | New York Times |
| WWW | Cannibalism | http://www.bbc.co.uk/dna/h2g2/A530687 | BBC |

| | | | |
|-----|---|---|---|
| | | | |
| WWW | Effects of Restrictive Dieting and Starvation | http://www.snac.ucla.edu/-pages/Resources/Handouts/HORestrictiveDieting.pdf | UCLA |
| WWW | Effects of Starvation | http://answers.google.com/answers/threadview?id=274501 | Refer to the varying websites, not the blog entries |

X. OTHER FAMOUS SURVIVORS

| Where to Search | What to Search for | How to Search | Notes |
|-----------------|---|---|----------------------------------|
| KLAS | Deep Blue: Stories of Shipwreck, Sunken Treasure and Survival | Author Search http://www.klas.com/cccti | By Nate Hardcastle |
| KLAS | Rescue: Stories of Survival From Land and Sea | Title Search http://www.klas.com/cccti | By Dorcas Miller |
| KLAS | Climb: Stories of Survival From Rock, Snow, and Ice | Author Search http://www.klas.com/cccti | By Clint Willis |
| KLAS | Against All Odds: Amazing Pioneer Stories of Courage and Survival | Title Search http://www.klas.com/cccti | By Shirley Balhmann |
| KLAS | Between A Rock and A Hard Place | Author Search http://www.klas.com/cccti | By Aron Ralston |
| NC LIVE | What Happened at Alder Creek? | Find Full Text Publications – New Yorker http://www.nclive.org | 4/24/06 issue |
| NC LIVE | Real Sports Features Andes Survival Story | Academic Search Premier, use term “alive and andes” http://www.nclive.org | Scroll to article |
| NC LIVE | A Hiker’s Tale | Choose Business Source Premier, use the search term “Aron Ralson,” limit to full-text http://www.nclive.org | Found in MacLean’s – 05/19/2003 |
| WWW | Titanic Tales of Heroism Live On | http://news.bbc.co.uk/1/hi/uk/1928026.stm | BBC |
| WWW | Survive the Savage Sea | http://www.survivethesavagesea.com/ | Robertson Family Site |
| WWW | The Cruellest Journey | http://www.nationalgeographic.com/adventure/0402/excerpt2.html | National Geographic |
| WWW | Survive the Savage Sea | http://books.google.com/ | Google e-books, search by title |
| WWW | Unsolved History | http://www.umt.edu/urelations/rview/spring04/donner.htm | University of Montana |
| WWW | Group Dynamics: The Andes Survivors | http://www.has.vcu.edu/group/alivex.htm | Virginia Commonwealth University |
| WWW | 1972: Survivors Found 10 Weeks After Plane Crash | http://news.bbc.co.uk/onthisday/hi/dates/stories/december/22/newsid_3717000/3717502.stm | BBC |
| WWW | Alive Survivors Look Back | http://www.nationalgeographic.com/adventure/alive/survivors.html | National Geographic |

| | | | |
|-----|--|---|---------------------|
| WWW | The Wreck of the Whaleship Essex | http://www.bbc.co.uk/dna/h2g2/classic/A671492 | BBC |
| WWW | Climber Who Cut Off Hand Looks Back | http://news.nationalgeographic.com/news/2004/08/0830_040830_aronralston.html | National Geographic |
| WWW | Desperate Days in Blue John Canyon | http://www.msnbc.msn.com/id/5956900/ | MSNBC |